

ATHLETIC PHYSICALS
TUESDAY, MAY 22ND
RANDALL HIGH SCHOOL WEST COMMONS/GYM
\$20 PER ATHLETE
3PM-6PM

Dear Raider Parent,

It is time to start thinking about the new school year and your child's pre-participation physical. The University Interscholastic League or UIL has made some changes from a year ago. **Each student that participates in athletics must complete new paperwork each year**, which includes a medical history, physical, acknowledgement of rules, the UIL steroid form, cardiac form, emergency contact info, concussion acknowledgement form and the CISD Insurance form. Your student athlete will fall into one of the following three categories:

- **For the upcoming 2018-19 year ALL 7th, 9th and 11th grade students must complete ALL the paperwork, including a physical exam before practice begins for your son or daughter's sport.**

- **For all 8th, 10th and 12th grade students who answer "yes" to questions 1, 2, 3,4,5 or 6 requires further medical evaluation which may include a physical examination.**

- **For those 8th, 10th, and 12th grade students who do not have to have a physical you must still turn in all forms **except** the pre-participation physical evaluation-physical examination form.**

The Athletic Emergency Information Form must be completed before any CISD employee may administer emergency care to your child. This emergency information travels to all out of town events and is on file for home games so that in case of an emergency, your child may receive immediate medical care. Please fill out all of this form to ensure that all the information we have on file for your child is current. Once all the forms have been **completed and all signature lines are signed**, please return them to the athletic trainer:

Anthony Salinas, LAT



If you have any further questions please call me at 806-677-2351 or email at asalinas@canyonisd.net